

Holy Eucharist

The Fifth Sunday After the Epiphany

Sunday, February 4, 2024

Liturgy of the Word

Entrance Rite

At the sound of the bell, all stand for the Entrance of the Ministers into the church.

Hymn

Father, we praise thee, now the night is over

Hymnal 1



1 Fa - ther, we praise thee, now the night is
2 Mon - arch of all things, fit us for thy
3 All - ho - ly Fa - ther, Son, and e - qual



o - ver, ac - tive and watch - ful, stand we all be -
man - sions; ban - ish our weak - ness, health and whole - ness
Spi - rit, Trin - i - ty bless - ed, send us thy sal -



fore thee; sing - ing we of - fer prayer and med - i -
send - ing; bring us to hea - ven, where thy saints u -
va - tion; thine is the glo - ry, gleam - ing and re -



ta - tion: thus we a - dore thee.
nit - ed joy with - out end - ing.
sound - ing through all cre - a - tion.

All standing, the Celebrant says

Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever.
Amen.

The Celebrant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

The following is said, all standing:

Glory to God in the highest,
and peace to his people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. *Amen.*

Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

First Reading

Isaiah 40:21-31

All sit.

A Reading from the book of Isaiah.

Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?

It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;

who stretches out the heavens like a curtain,
and spreads them like a tent to live in;

who brings princes to naught,
and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,

when he blows upon them, and they wither,
and the tempest carries them off like stubble.

To whom then will you compare me,
or who is my equal? says the Holy One.

Lift up your eyes on high and see:
Who created these?

He who brings out their host and numbers them,
calling them all by name;

because he is great in strength,
mighty in power,
not one is missing.

Why do you say, O Jacob,
and speak, O Israel,

"My way is hidden from the LORD,
and my right is disregarded by my God"?

Have you not known? Have you not heard?
The LORD is the everlasting God,
the Creator of the ends of the earth.
He does not faint or grow weary;
his understanding is unsearchable.
He gives power to the faint,
and strengthens the powerless.
Even youths will faint and be weary,
and the young will fall exhausted;
but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,
they shall run and not be weary,
they shall walk and not faint.

Reader The Word of the Lord.
People Thanks be to God.

Psalm

Remain seated.

Psalm 147:1-12,21c

BCP p. 804

Laudate Dominum

- 1 Hallelujah!
How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!
- 2 The LORD rebuilds Jerusalem; *
he gathers the exiles of Israel.
- 3 He heals the brokenhearted *
and binds up their wounds.
- 4 He counts the number of the stars *
and calls them all by their names.
- 5 Great is our LORD and mighty in power; *
there is no limit to his wisdom.
- 6 The LORD lifts up the lowly, *
but casts the wicked to the ground.

7 Sing to the LORD with thanksgiving; *
 make music to our God upon the harp.
8 He covers the heavens with clouds *
 and prepares rain for the earth;
9 He makes grass to grow upon the mountains *
 and green plants to serve mankind.
10 He provides food for flocks and herds *
 and for the young ravens when they cry.
11 He is not impressed by the might of a horse; *
 he has no pleasure in the strength of a man;
12 But the LORD has pleasure in those who fear him, *
 in those who await his gracious favor.
21 Hallelujah!

Second Reading

1 Corinthians 9:16-23

A Reading from the first letter of Paul to the Corinthians.

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The Word of the Lord.
People Thanks be to God.

Sequence

All stand.

Surely it is God who saves me

Hymnal 679



1 Sure - ly it is God who saves me; trust - ing him, I shall not
2 Make his deeds known to the peo - ples; tell out his ex - alt - ed



fear. For the Lord de - fends and shields me and his sav - ing
Name. Praise the Lord, who has done great things; all his works his



help is near. So re - joice as you draw wa - ter from sal -
might pro - claim. Zi - on, lift your voice in sing - ing; for with



va - tion's liv - ing spring; in the day of your de -
you has come to dwell, in your ve - ry midst, the



liv - erance thank the Lord, his mer - cies sing.
great and Ho - ly One of Is - ra - el.

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Holy Gospel

Mark 1:29-39

All stand.

Priest The Holy Gospel of our Lord Jesus Christ according to Mark.
People Glory to you, Lord Christ.

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with

a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Priest The Gospel of the Lord.
People Praise to you, Lord Christ.

Sermon

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People

Prayer is offered with intercession for: the Universal Church, its members, and its mission; the nation and all in authority; the welfare of the world, the concerns of the local community; those who suffer and those in any trouble; and the departed (with commemoration of a saint when appropriate).

All remain standing.

Officiant:

Let us pray to God, whose light shines forth in Jesus Christ.

Intercessor:

That the light of Christ may shine on all nations far and near; and that the Church may welcome all people and rejoice in the diversity of their cultures, let us pray to the Lord:

Let the light of Christ shine on all people.

That in our day justice may flourish and peace come to all of the world, let us pray:

Let the light of Christ shine on all people.

That we might rejoice in God's creation as God does, and that we might have the wisdom and courage to care for it as faithful stewards, let us pray:

Let the light of Christ shine on all people.

That God might deliver all who suffer from their distress; and that God's people may hear the poor when they cry, have pity on the weak and open their hearts and hands to the needy, let us pray:

Let the light of Christ shine on all people.

That all those who have died [especially _____] may rest in God's eternal radiance where there is neither pain nor darkness nor sorrow, but peace and life everlasting, let us pray:

Let the light of Christ shine on all people.

That those who persecute the Lord in those who try to follow him may see his light and be converted, let us pray:

Let the light of Christ shine on all people.

That all who look for a star to guide them may discover the goodness of the Lord in people full of faith and love, let us pray:

Let the light of Christ shine on all people.

That in our Christian communities we may learn, like the wise men, to share the treasures of our goods and hearts, let us pray:

Let the light of Christ shine on all people.

Lord our God, we rejoice that you have become near to us in Jesus your Son.

Let him be the light of life now and for ever. Amen.

All remain standing.

Confession of Sin

All kneel.

The Celebrant says

Let us confess our sins against God and our neighbor.

Silence.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

Peace

All stand.

Celebrant The peace of the Lord be always with you.
People And also with you.

Then the Ministers and the People may greet one another in the name of the Lord.

Announcements

Announcements may be made at this point in the service.

Holy Communion

The Celebrant says

Yours, O Lord, is the greatness, the power, the glory, the victory, and the majesty.

For everything in heaven and on earth is yours. Yours, O Lord, is the kingdom, and you are exalted as head over all. 1 Chronicles 29:11

Offertory Hymn

Immortal, invisible, God only wise

Hymnal 423

The musical score is written in G major (one sharp) and 4/4 time. It consists of three systems, each with a vocal line (treble clef) and a piano accompaniment line (bass clef). The lyrics are as follows:

1 Im - mor - tal, in - vis - i - ble, God on - ly wise,
2 Un - rest - ing, un - hast - ing, and si - lent as light,
3 To all life thou giv - est, to both great and small;
4 Thou reign - est in glo - ry, thou rul - est in light,

in light in - ac - ces - si - ble hid from our eyes,
nor want - ing, nor wast - ing, thou rul - est in might;
in all life thou liv - est, the true life of all;
thine an - gels a - dore thee, all veil - ing their sight;

most bless - ed, most glo - rious, the An - cient of Days,
thy jus - tice like moun - tains high soar - ing a - bove
we blos - som and flour - ish, like leaves on the tree,
all laud we would ren - der: O help us to see

and gave breath to humankind.

Wondrous are you, Holy One of Blessing,
all you create is a sign of hope for our journey;
And so as the morning stars sing your praises
we join the heavenly beings and all creation
as we shout with joy:

Ho - ly, ho - ly,
ho - ly Lord, God of power and might,
heaven and earth are full of your glo - ry. Ho-san-na in the
high - est. Bless - ed is he who
comes in the name of the Lord. Ho-san-na in the high-est.

The people stand or kneel.

Glory and honor are yours, Creator of all,
your Word has never been silent;
you called a people to yourself, as a light to the nations,
you delivered them from bondage
and led them to a land of promise.
Of your grace, you gave Jesus
to be human, to share our life,
to proclaim the coming of your holy reign
and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer,

you have freed us from sin,
brought us into your life,
reconciled us to you,
and restored us to the glory you intend for us.

We thank you that on the night before he died for us
Jesus took bread,
and when he had given thanks to you, he broke it,
gave it to his friends and said:
“Take, eat, this is my Body, broken for you.
Do this for the remembrance of me.”

After supper Jesus took the cup of wine,
said the blessing, gave it to his friends and said:
“Drink this, all of you:
this cup is the new Covenant in my Blood,
poured out for you and for all
for the forgiveness of sin.
Do this for the remembrance of me.”

And so, remembering all that was done for us:
the cross, the tomb, the resurrection and ascension,
longing for Christ’s coming in glory,
and presenting to you these gifts
your earth has formed and human hands have made,
we acclaim you, O Christ:

Celebrant and People

Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!

The Celebrant continues

Send your Holy Spirit upon us
and upon these gifts of bread and wine
that they may be to us

the Body and Blood of your Christ.
Grant that we, burning with your Spirit's power,
may be a people of hope, justice and love.

Giver of Life, draw us together in the Body of Christ,
and in the fullness of time gather us
with [blessed _____, and] all your people
into the joy of our true eternal home.

Through Christ and with Christ and in Christ,
by the inspiration of your Holy Spirit,
we worship you our God and Creator
in voices of unending praise.

Presider and People

Blessed are you, now and forever. *AMEN.*

The Celebrant then continues

As our Savior Christ
has taught us,
we now pray,

People and Celebrant

Our Father in heaven,
 hallowed be your Name,
 your kingdom come,
 your will be done,
 on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
 as we forgive those
 who sin against us.
Save us from the time of trial,
 and deliver us from evil.
For the kingdom, the power,
 and the glory are yours,
 now and for ever. Amen.

Breaking of the Bread

A period of silence is kept.

Je - sus, Lamb of God: have mer - cy on us.

The first system of music consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. It contains four measures of music with lyrics underneath. The lower staff is in bass clef with the same key signature and time signature, containing four measures of accompaniment.

Je - sus, bear - er of our sins: have mer - cy on us.

The second system of music consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. It contains four measures of music with lyrics underneath. The lower staff is in bass clef with the same key signature and time signature, containing four measures of accompaniment.

Je - sus, re - deem - er, re - deem - er of the world:

The third system of music consists of two staves. The upper staff is in treble clef with a key signature of one sharp (F#) and a common time signature. It contains four measures of music with lyrics underneath. The lower staff is in bass clef with the same key signature and time signature, containing four measures of accompaniment.

The image shows a musical score for a prayer. It consists of two staves: a treble clef staff on top and a bass clef staff on the bottom. The key signature is one sharp (F#). The melody is written in the treble clef, and the accompaniment is in the bass clef. The lyrics 'give us your peace, give us your peace.' are written below the treble staff. The music is in a simple, hymn-like style with a steady rhythm.

The

(Those joining virtually should join with the Celebrant saying these words, those gathered in-person will not say these words):

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All baptized persons are welcome to receive Holy Communion.

Communion Hymn

Heal me, hands of Jesus

WLP 773

1. Heal me, hands of Je- sus, and search out all my pain: re -
2. Cleanse me, blood of Je- sus, take bit - ter-ness a - way; let
3. Know me, mind of Je- sus, and show me all my sin; dis-
4. Fill me, joy of Je- sus: anx - i - e - ty shall cease and

store my hope, re - move my fear and bring me peace a - gain.
me for - give as one for-given and bring me peace to - day.
pel the mem - o - ries of guilt, and bring me peace with - in.
heaven's se - ren - i - ty be mine, for Je - sus brings me peace!

The musical score is written in 4/4 time with a key signature of one flat (Bb). It consists of a vocal line and a piano accompaniment. The piano part features a steady bass line and chords in the right hand. The vocal line has four verses of lyrics. The piece concludes with a final cadence in the piano part.

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Celebrant and People

God of abundance,
you have fed us

with the bread of life and cup of salvation;
you have united us
with Christ and one another;
and you have made us one
with all your people in heaven and on earth.
Now send us forth
in the power of your Spirit,
that we may proclaim your redeeming love to the world
and continue for ever
in the risen life of Christ our Savior. Amen.

Blessing

The priest blesses the people, saying

May Almighty God, who led the Wise Men by the shining of a star to find the Christ, the Light from Light, lead you also, in your pilgrimage, to find the Lord.
Amen.

May God, who sent the Holy Spirit to rest upon the Only-begotten at his baptism in the Jordan River, pour out that Spirit on you who have come to the waters of new birth. *Amen.*

May God, by the power that turned water into wine at the wedding feast at Cana, transform your lives and make glad your hearts. *Amen.*

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

Recessional Hymn

O bless the Lord, my soul

Hymnal 411

1 O bless the Lord, my soul! His grace to thee pro - claim!
2 O bless the Lord, my soul! His mer - cies bear in mind!
3 He will not al - ways chide; he will with pa - tience wait;
4 He par - dons all thy sins, pro - longs thy fee - ble breath;
5 He clothes thee with his love, up - holds thee with his truth;

1 And all that is with - in me join to bless his ho - ly Name!
2 For - get not all his ben - e - fits! The Lord to thee is kind.
3 his wrath is ev - er slow to rise and rea - dy to a - bate.
4 he heal - eth thine in - fir - mi - ties and ran - soms thee from death.
5 and like the ea - gle he re - news the vi - gor of thy youth.

6 Then bless his holy Name,
whose grace hath made thee whole,
whose loving-kindness crowns thy days:
O bless the Lord, my soul!

Dismissal

Celebrant Let us go in peace to love and serve our Lord. Alleluia. Alleluia.

People Thanks be to God. Alleluia, alleluia.